

60 SECONDS IN THE SCRIPTURES

PRIORITIES

THE FACTS:

- ✓ How Americans spend time (nexalearning.com; January 17, 2022)
 - Sleeping – 8 hours and 33 minutes
 - Work – 8 ½ hours
 - Learning – 28 minutes a day
 - Household chores – 1 hour and 48 minutes
 - Watching TV – 2 hours and 48 minutes
 - Socializing – 38 minutes
 - Exercise/Sports – 1 hours and 42 minutes
 - Taking care of children – 3 hours and 20 minutes
 - Religious Activities – 18 minutes
- ✓ We must make the most of our time (Col. 4:5; Eph. 5:16)
- ✓ Worldly pursuits are all in vain (1 John 2:15-17)
- ✓ We don't know how much time we actually have on the earth, so serving God now is a necessity (James 4:14-17)
- ✓ We must put the rule of God over everything else in our lives knowing that we will answer to Him one day (Mat. 6:33; 2 Cor. 5:10)

THE FOCUS:

- ✓ Putting the Kingdom of God first involves making sure we are not forsaking worship assemblies for recreation, sports, vacations, etc. (Heb. 10:25) continuing in God's doctrine (Acts 2:42)
- ✓ Putting the Righteousness of God first means we are actively seeking to please God by honoring His law in our day to day lives being focused on the inward motivation and not just the outward motion (Mat. 5:20; 23:23)—both must be working together (1 The. 1:3; Heb. 6:10; Rom. 6:17,18)
- ✓ This will produce peace in our lives and allow us to be free from worry over physical concerns (Rom. 14:17; Mat. 6:34)